

<b>Classification</b>	<b>Item No.</b>
<b>Open</b>	

<b>Meeting:</b>	Bury Health and Wellbeing Board
<b>Meeting date:</b>	14 <sup>th</sup> November 2023
<b>Title of report:</b>	Bury Moving: A Physical Activity Strategy for Bury
<b>Report by:</b>	Lee Buggie – Public Health Specialist Stefan Taylor – Public Health Practitioner
<b>Decision Type:</b>	<b>Information</b>
<b>Ward(s) to which report relates</b>	All (Pan-Bury)

### Executive Summary:

Please find a brief slide summary of Bury Moving: A Physical Activity Strategy for Bury, origin, the strategies ongoing successes along with proposed next steps in progressing the 4 key themes against the original action plan. Attached is the full Strategy document which underpins the rationale for the action plan and how it influences many of locality systems.

Physical activity provides a great opportunity to help make Bury a better place to live and work, offering a powerful and effective way of helping to address some of the complex social, health, environmental, and economic challenges that we face as a borough. Physical activity is a positive catalyst and contributor for community cohesion, economic growth, and raising aspirations, as well as giving opportunities for all to develop important skills that will help them to succeed in life.

In contrast, physical inactivity is the fourth leading cause of premature deaths in the UK, causing one in six deaths and contributing to poor rates of healthy life expectancy. Growing numbers of people are living longer with multiple long-term conditions, mental health

problems, and musculoskeletal conditions. There is a clear evidence base that illustrates the health benefits of being more physically active.

### **Recommendation(s)**

**That:** The H&W Board agree next steps to support a re-fresh and re-profile given covid, finite resource and changing priorities locally, regionally, and nationally (Sport England/GM Moving re-focus).

These include:

- An action plan review of the current strategy, highlight some easy wins and reprofile and re-design a suitable project plans those items deemed off track and or slipped and or stalled.
- Consider how this strategy echoes other wider policies and corporate aims such as proposed public health priorities (Life Expectancy Gap and School Readiness), cooperate aims as part of the Lets strategy with improving quality of life and along with improved early years development and educational attainment.
- Co-design and map the refresh with key partners, stakeholders and our communities ensuring they have a influence along with neighbourhood specific characteristics.

### **Key considerations:**

**Introduction/ Background:** As above

**Key Issues for the Board to consider:** Links to Culture and Wellness Strategy

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### **Community impact/links with Community Strategy**

N/A

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### **Equality Impact and considerations:**

*Under section 149 of the Equality Act 2010, the 'general duty' on public authorities is set out as follows:*

*A public authority must, in the exercise of its functions, have due regard to the need to -*

- eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under this Act;*
- advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it;*
- foster good relations between persons who share a relevant protected characteristic and persons who do not share it.*

*The public sector equality duty (specific duty) requires us to consider how we can positively contribute to the advancement of equality and good relations, and demonstrate that we are paying 'due regard' in our decision making in the design of policies and in the delivery of services.*

<b>Equality Analysis</b>	<i>Please provide a written explanation of the outcome(s) of either conducting an initial or full EA.</i>
<p>Bury Moving: A Physical Activity Strategy for Bury confirms that equality issues have been considered and identify any relevant to the topic</p> <p>It will also ensure that the quality standards outputs do not discriminate against any of the equality groups</p> <p>It will highlight planned action relevant to equality</p> <p>It will highlight areas where quality standards may advance equality of opportunity.</p>	

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**Background papers:**

Bury Moving: A Physical Activity Strategy for Bury  
<https://theburydirectory.co.uk/storage/5546/Bury-physical-activity-strategy.pdf>

**Please include a glossary of terms, abbreviations and acronyms used in this report.**

Term	Meaning
N/A	N/A